



# **【Online & In Japan】 Knowledge Co-Creation Program (Group and Region Focus)**

## **GENERAL INFORMATION ON**

**Promotion of Social Participation of Persons with Disabilities  
through Sports (A)**

**課題別研修「スポーツを通じた障害者の社会参加の促進 (A) 」  
JFY 2020**

**NO. 201902052J001 / ID. 201902052**

**Online Program Period: From March 29, 2021 to May 14, 2021**

**Course Period in Japan: From November 3, 2021 to December 4, 2021**

This information pertains to one of JICA Knowledge Co-Creation Program (Group and Region Focus) of the Japan International Cooperation Agency (JICA), which shall be implemented as part of the Official Development Assistance of the Government of Japan based on bilateral agreement between both Governments.

JICA Knowledge Co-Creation Program (KCCP) as a New Start

In the Development Cooperation Charter which was released from the Japanese Cabinet on February 2015, it is clearly pointed out that *“In its development cooperation, Japan has maintained the spirit of jointly creating things that suit partner countries while respecting ownership, intentions and intrinsic characteristics of the country concerned based on a field-oriented approach through dialogue and collaboration. It has also maintained the approach of building reciprocal relationships with developing countries in which both sides learn from each other and grow and develop together.”* We believe that this ‘Knowledge Co-Creation Program’ will serve as a center of mutual learning process.

# ***I. Concept***

## **Background**

The Convention on the Rights of Persons with Disabilities (CRPD) explicitly states that persons with disabilities have the right to participate on an equal basis with others in recreational, leisure and sporting activities.

In addition, the Government of Japan announced its commitment to “Sport for Tomorrow (SFT)”, a program to promote sport and the Olympic and Paralympic movement, including international cooperation.

Based on these initiatives, JICA aims to promote social participation of persons with disabilities through sports.

## **For what?**

Provide leaders, instructors of associations of sports for persons with disabilities, officers in charge of promotion of social welfare of persons with disabilities with the practical knowledge and techniques required to promote social participations of persons with disabilities through sports.

## **For whom?**

Leaders, instructors of associations of sports for persons with disabilities, officers in charge of promotion of social welfare of persons with disabilities.

## **How?**

Participants will have opportunities through online and in Japan to learn about the importance of sports for promotion of social participation of persons with disabilities, and practical knowledge and techniques of sports for persons with disabilities through lectures, visits, exercises and discussions. Training course by online will be provided a basic knowledge and concept of social participation of persons with disabilities through sports and participants are expected to learn more practical and advanced knowledge and skills through training course in Japan. Participants will also formulate action plans describing what they will do after going back to their own countries in order to put the knowledge and ideas acquired and discussed in Japan among the participants into their on-going and future activities.

## ***II. Description***

- 1. Title (Course No.):** Promotion of Social Participation of Persons with Disabilities through Sports (A) (201902052J001)
- 2. Online Program Period / Course Period in JAPAN**  
March 29, 2021 to May 14, 2021 / November 3, 2021 to December 4, 2021  
In the context of the COVID-19 pandemic, please note that there is still a possibility the course period may be changed, shortened, or the course itself may be cancelled.
- 3. Target Regions or Countries**  
Thailand, Laos, Fiji, Tonga, Vanuatu, Samoa, Belize, Suriname, Iraq, Egypt, Sudan, Zambia, Zimbabwe, Bosnia and Herzegovina, Uzbekistan
- 4. Eligible / Target Organization**
  - (1) Sports organization for Persons with Disabilities
  - (2) Educational organization for Persons with Disabilities
  - (3) Disabled Peoples' Organization
  - (4) Governmental organizations for promotion of social participation of Persons with Disabilities through sports
- 5. Course Capacity (Upper limit of Participants)**  
15 Participants
- 6. Language to be used in this program:** English
- 7. Course Objective:**  
To learn sports for persons with disabilities as a tool for their empowerment and for promotion of their social participation through the interaction between persons with and without disabilities and to acquire knowledge and skills to utilize sports for persons with disabilities in the participants' country on such issues as rules, trainers' training, training material development and public relations.
- 8. Overall Goal**  
The participants will acquire the capability of formulating action plans for promotion of social participation of persons with disabilities by activating sports activities for them in their organizations.
- 9. Expected Module Output and Contents:**  
This program consists of the following components. Details on each component are given below:

**(1) Training course through online program in a participant's home country(29<sup>th</sup> March, 2021 to 14<sup>th</sup> May, 2021)**

*As a part of the training course, each participant is required to participate in Online Program remotely in respective country.*

**\*Participants are required to take 11 On-demand-lectures from 29th March, 2021 to 14th May, 2021 through E-learning system and attend 3 online sessions through ZOOM.**

Date*	Day	Content	Type
Before 29th March		Course Orientation	On-demand Lecture
29 <sup>th</sup> March & 30 <sup>th</sup> March	Mon & Tue	Country Report Presentation for Group 1(29 <sup>th</sup> ) Country Report Presentation for Group 2&3(30 <sup>th</sup> ) -Orientation for the Program -Country Report Presentation from Participants	Online
From 29 <sup>th</sup> March To 14 <sup>th</sup> April		1. Introduction to Promotion of Social Participation of Persons with Disabilities through Sports / Structural Classification and Role of Sports for Persons with Disabilities	On-demand Lecture
		2. Understanding of Social Model of Disabilities	On-demand Lecture
		3. Social Impact of the Paralympic on Disabilities	On-demand Lecture
		4. Paralympic Education	On-demand Lecture
15 <sup>th</sup> April & 16 <sup>th</sup> April	Thu & Fri	Review for Group1(15th) Review for Group2&3(16th) -Opinion Sharing -How to Prepare Assignment -Q&A	Online
From 19 <sup>th</sup> April To 12 <sup>th</sup> May		5. Government Policy and Current Status of Para-sports in Japan	On-demand Lecture
		6. Para-sports in Japan	On-demand Lecture
		7. Significance and Concept of Inclusive Sports	On-demand Lecture
		8. Promotion of Social Participation of Persons with Disabilities through Sports(Case of Takkyu Volley) The Initiatives of Disabled People's Organization	On-demand Lecture
		9. Instruction of Sports Introduction to Persons with Disabilities using Wheelchairs	On-demand Lecture
		10. Significance of Training Instructors	On-demand Lecture
		11. Review of On-demand Lectures	On-demand Lecture
13 <sup>st</sup> May & 14 <sup>th</sup> May	Thu & Fri	Feedback Session for Group 1(13th) Feedback Session for Group 2&3(14th) Guidance of Assignment for Training Course in Japan*	Online

\*Participants are required to submit an Inception Report before training course in Japan.

<b>(2) Training course in Japan</b> (3 <sup>rd</sup> November, 2021 to 4 <sup>th</sup> December, 2021) <i>Participants to be dispatched by the concerned government and organizations will attend the training course implemented in Japan.</i>		
Expected Module Output	Subjects/Agendas	Methodology
1. Develop abilities to explain the role and importance for empowerment and promotion of social participation of persons with disabilities through sports	(1) Understanding of Social Model of Disability (2) History and Current Status of Persons with Disabilities' Social Participation in Japan (3) Government Policy and Current Status of Para-Sports in Japan (4) Role and Importance of Sports for them (5) Independent Living & Participation of Persons with Disabilities in Local Activities	Lectures Practices Discussions
2. Acquire concrete methods of empowerment and promotion of social participation of persons with disabilities through sports	(1) Policies and Efforts in Iwate prefecture on their Social Participation through Sports (2) Characteristic and Dissemination of Inclusive Sports (3) Planning, Management and Instruction of Various Sports for Persons with Disabilities	Lectures Practices Discussions
3. Study possibilities to apply sports for persons with disabilities in their own countries and formulate action plans to implement after returning their own countries	(1) Presentation of Inception Report (2) Making Action Plan utilizing LEGO® Serious Play® (3) Problem/Objective Analysis on Social Participation of Persons with Disabilities in Participant's Countries (4) Formulation and Presentation of Action Plan	Lectures Discussions Practices Presentations

**(Tentative) Training schedule of “training course in Japan in 2021”**

Note: There's a possibility of change in plan.

Date	Day	Content	Type	Attire	Place	Stay
3rd Nov	Wed	Arrival in Japan				Tokyo
4th Nov	Thu	Transfer to Tsukuba -Briefing -Program & Course Orientation	Lecture	Business Casual	Tsukuba	Tsukuba
5th Nov	Fri	Inception Report Presentation	Presentation	Business	Tsukuba	Tsukuba
6th Nov	Sat	-Government Policy and Current Status of Para-Sports in Japan -Introduction to Promotion of Social Participation of Persons with Disabilities through Sports / Structural Classification and Role of Sports for Persons with Disabilities	Lecture	Business Casual	Tsukuba	Tsukuba
7th Nov	Sun	Self-study				Tsukuba
8th Nov	Mon	-Understanding of Disabilities through Sports - JICA's Initiatives for Disability& Development - Independent Living & Participation of Persons with Disabilities in Local Activities	Lecture	Business casual	Tsukuba	Tsukuba
9th Nov	Tue	Lecture and Workshop on Understanding of Social Model of Disability	Lecture Workshop	Business casual	Tsukuba	Tsukuba
10th Nov	Wed	Problem/Objective Analysis on Social Participation of Persons with Disabilities in Participant's Countries	Lecture	Business casual	Tsukuba	Tsukuba
11th Nov	Thu	Planning/Designing by Logic Model	Lecture	Business casual		
12th Nov	Fri	-Boccia (Lecture / Practical) -Instruction Method of Flying Disks (Practice/Making Flying Disks)	Exercise	Sports	Tsukuba	Tsukuba
13th Nov	Sat	-Persons with Hearing Impairment and Sports -Persons with Visual Impairment and Sports	Lecture	Business casual	Tsukuba	Tsukuba
14th Nov	Sun	Self-study				Tsukuba
15th Nov	Mon	-Basic Operational Skills in Wheelchairs -Instruction of Sports Introduction to Persons with Disabilities using Normal Wheelchairs	Exercise	Sports	Tsukuba	Tsukuba

16th Nov	Tue	-Advanced Operational Skills in Wheelchairs -Way of Instruction and Utilization of Operational Skills in Wheelchairs -Review	Lecture	Business casual	Tsukuba	Tsukuba
17th Nov	Wed	Transfer to Iwaki City, Fukushima Prefecture - Independent Life of Persons with Disabilities - Disaster-hit Situation and Disaster Risk Reduction -Actual Situation of Local Sports Club for Persons with Disabilities	Lecture Observation	Business casual or Sports	Iwaki	Iwaki
18th Nov	Thu	Transfer to Morioka City, Iwate Prefecture -Visit Iwate Prefectural Center on Development and Disability	Lecture Observation	Business casual	Morioka	Morioka
19th Nov	Fri	-Persons with Intellectual Disabilities and Sports -Understanding of Rule of Takkyu Volley	Exercise	Sports	Morioka	Morioka
20th Nov	Sat	-Activities of Iwate Para-Sports Association - Promotion of Para-Sports in Iwate Prefecture - Takkyu Volley – Skill Up / Referee -Review	Lecture/ Exercise	Sports	Morioka	Morioka
21th Nov	Sun	Self-study				Morioka
22th Nov	Mon	-Characteristic and Dissemination of Inclusive Sports -Transfer to Ofunato	Lecture	Business casual	Morioka	Ofunato
23th Nov	Tue	-Participation in a Takkyu Volley Competition in Iwate -Wrap-up/Review of the Day	Lecture/ Exercise	Sports	Ofunato	Ofunato
24th Nov	Wed	Excursion to Disaster-hit Area	Lecture/ Observation	Business casual	Rikuzentakata	Ofunato
25th Nov	Thu	Transfer to Sendai				Sendai
26th Nov	Fri	-Wrap-up/Review of the Takkyu Volley Competition -Reflection of the course	Lecture	Business casual	Sendai	Sendai
27th-28th Nov	Sat-Sun	Self-study				Sendai
29th Nov	Mon	Making Action Plan utilizing LEGO® Serious Play®	Workshop	Business casual	Sendai	Sendai
30th Nov	Tue	Action Plan Instruction and Preparation	Lecture	Business casual	Sendai	Sendai
1st Dec	Wed	Self-study				Sendai

2nd Dec	Thu	Action Plan Presentation	Presentation	Business	Sendai	Sendai
3rd Dec	Fri	Action Plan Presentation Evaluation Meeting Closing Ceremony Farewell Party	Presentation	Business	Sendai	Sendai
4th Dec	Sat	Transfer to Tokyo Leave Japan				

### **(3) Finalization Phase in a participant's home country**

*Participating organizations produce final outputs by making use of results brought back by the Participants. This phase marks the end of the Program.*

Expected Module Output	Activities
To implement an Action Plan	Application and implementation of the Action Plan back in the Participant's country.

## **III. Conditions and Procedures for Application**

### **1. Expectations from the Participating Organizations:**

- (1) This program is designed primarily for organizations that intend to address specific issues or problems identified in their operations. Participating organizations are expected to use the project for those specific purposes.
- (2) This program is enriched with contents and facilitation schemes specially developed in collaboration with relevant prominent organizations in Japan. These special features enable the project to meet specific requirements of applying organizations and effectively facilitate them toward solutions for the issues and problems.

### **2. Nominee Essential Qualifications:**

Applying Organizations are expected to select nominees who meet the following qualifications.

"Please note that nominees would not necessarily be employed by the applying organizations, as long as they are selected officially by the organizations for their specific purposes. However, the nominees must be either person who is engaged in the said field or directly related to program subject."

#### **(1) Essential Qualifications**

- 1) Language: have a competent command of spoken and written English which is equal to TOEFL iBT 80 or more (Please attach an official certificate for English ability such as TOEFL, TOEIC etc.)
- 2) Current Duties: be officials/managers who are actively involved in promotion of sports for persons with disabilities
- 3) Experience in the relevant field: have more than 3 years' experience



- 4) Health: must be in good health to participate in the program in Japan.  
Pregnant applicants are not recommended to apply due to the potential risk of health and life issues of mother and fetus.

## **(2) Recommendable Qualifications**

- 1) Age: be under the ages of fifty (50) years
- 2) Gender Consideration: JICA is promoting Gender equality. Women are encouraged to apply for the program.
- 3) Difficulties/disabilities: JICA is welcoming applicants from disabled people's organization

## **(3) IT Environment**

- 1) Internet communication speed: downstream bandwidth is more than 20Mbps
- 2) Browser: Recommended: Google Chrome  
Alternative: Microsoft Edge, Mozilla Firefox, Safari, Internet Explorer
- 3) OS: Windows, macOS, Android, iOS
- 4) Software: to be installed Zoom
- 5) Device: to be prepared a PC or Tablet with camera and microphone

## **3. Required Documents for Application**

**(1) Application Form:** The Application Form is available at the respective country's JICA Office or the Embassy of Japan.

\* If you have any difficulties/disabilities which require assistance, please specify necessary assistances in the Medical History(1-(d)) of the application forms. It may allow us (people concerned in this course) to prepare better logistics or alternatives.

**(2) Essay:** Candidates are required to submitting the Essay with Application Form. Please refer ANNEX I.

**(3) Photocopy of passport or government-issued ID:** Submit a photocopy of your passport with your application. If you do not own a passport, a government-issued ID can be an alternative for online program in 2020, and should submit its photocopy at least ONE month before your arrival in Japan.

\*Photocopy should include the followings:

Name, Date of birth, Nationality, Sex, Passport number and Expire date.

**(4) Nominee's English Score Sheet:** to be submitted any official documentations of English ability (e.g., TOEFL, TOEIC, IELTS) with the Application Form.

**Note:** The applicant must be submitted all required documents.

You will not be selected if there are any deficiencies in the documents submitted.

## **4. Procedures for Application and Selection :**

**(1) Submission of the Application Documents:**

Closing date for applications: **Please inquire to the JICA Office.**

(After receiving applications, the JICA Office will send them to **the JICA Tohoku in JAPAN not later than March 10, 2021**)(not extendable)

\*The closing date in your country is earlier than the date noted above.

**(2) Selection:**

After receiving the documents through proper channels from your government, the JICA Office (or the Embassy of Japan) will conduct screenings, and then forward the documents to the JICA Tohoku in Japan. Selection will be made by the JICA Tohoku in consultation with concerned organizations in Japan. *The applying organization with the best intention to utilize the opportunity of this program will be highly valued in the selection.* Qualifications of applicants who belong to the military or other military-related organizations and/or who are enlisted in the military will be examined by the Government of Japan on a case-by-case basis, consistent with the Development Cooperation Charter of Japan, taking into consideration their duties, positions in the organization, and other relevant information in a comprehensive manner.

**(3) Notice of Acceptance**

Notification of results will be made by the JICA Office (or the Embassy of Japan) not **later than March 19, 2021.**

**5. Documents to be submitted by accepted candidates:**

**(1) Self-Introduction Sheet:** Accepted candidates should submit a Self-Introduction Sheet to **the JICA Tohoku in JAPAN**. Please Refer to *ANNEX II*.

**(2) Closing date for Self-Introduction Sheet:** should be submitted not later than March 24, 2021 to JICA Tohoku in JAPAN.

**6. Conditions for Attendance:**

- (1)** to strictly adhere to the program schedule.
- (2)** not to change the program topics.
- (3)** not to extend the period of stay in Japan.
- (4)** not to be accompanied by family members during the program.
- (5)** to return to home countries at the end of the program in accordance with the travel schedule designated by JICA.
- (6)** to refrain from engaging in any political activities, or any form of employment for profit or gain.
- (7)** to observe Japanese laws and ordinances. If there is any violation of said laws and ordinances, participants may be required to return part or all of the training expenditure depending on the severity of said violation.
- (8)** to observe the rules and regulations of the accommodation and not to change the accommodation designated by JICA.

## IV. Administrative Arrangements

### 1. Organizer:

(1) **Name:** JICA TOHOKU

(2) **Contact:** Ms.ISAWA Hitomi (thictad@jica.go.jp)

### 2. Travel to Japan(Training course in Japan):

(1) **Air Ticket:** The cost of a round-trip ticket between an international airport designated by JICA and Japan will be borne by JICA.

(2) **Travel Insurance:** Coverage is from time of arrival up to departure in Japan. Thus traveling time outside Japan will not be covered.

### 3. Accommodation in Japan(Training course in Japan):

JICA will arrange the following accommodations for the participants in Japan:

JICA Tokyo Center (TIC, JICA TOKYO)

Address: 2-49-5 Nishihara, Shibuya-ku, Tokyo 151-0066, Japan

TEL: 81-3-3485-7051 FAX: 81-3-3485-7904

(where “81” is the country code for Japan, and “3” is the local area code)

URL,

[https://www.jica.go.jp/tokyo/english/office/c8h0vm00009uld4m-att/facilities\\_service\\_guide.pdf](https://www.jica.go.jp/tokyo/english/office/c8h0vm00009uld4m-att/facilities_service_guide.pdf)

JICA will arrange hotel accommodations for the other area as well.

### 4. Expenses(Training course in Japan):

The following expenses will be provided for the Participants by JICA:

(1) Allowances for accommodations, meals, living expenses, outfit, and shipping

(2) Expenses for study tours (basically in the form of train tickets.)

(3) Free medical care for participants who become ill after arriving in Japan (costs related to pre-existing illness, pregnancy, or dental treatment are not included)

(4) Expenses for program implementation, including materials

For more details, please see “III. ALLOWANCES” of the brochure for participants titled “KENSU-IN GUIDE BOOK,” which will be given before departure for Japan.

### 5. Pre-departure Orientation(Training course in Japan):

A pre-departure orientation will be held at the respective country’s JICA Office (or the Embassy of Japan) to provide participants with details on travel to Japan, conditions of the workshop, and other matters.

## ***V. Other Information for program in***

### ***Japan***

1. Visa to enter Japan will be arranged and issued at Japanese Embassy in candidates' respective countries.  
If there is no Japanese Embassy or Councilor in the country, please contact JICA office or Japanese Embassy in neighbor countries.
2. Participants who have a **laptop computer** are strongly recommended to bring it for making an action plan in Japan. (JICA will not prepared)
3. Participants are required to bring **clothes and two pairs of shoes for indoor and outdoor exercises.**
4. If applicants are having any kind of disability and need special arrangement and/or help (e.g. wheelchair) during the training in Japan, please describe detail and inform us necessary arrangement in the application form.
5. Any qualification of sports cannot be acquired in this course.

## **VI. ANNEX I**

### **Essay Questions**

Note: Essay should be submitted not later than **March 10, 2021** to JICA Office in your country.

**The Training Course:** Promotion of Social Participation of Persons with Disabilities through Sports(A) (201902052J001)

**Name:** \_\_\_\_\_

**Country:** \_\_\_\_\_

**Organization:** \_\_\_\_\_

**Position:** \_\_\_\_\_

(1) Describe how you promote social participation of persons with disabilities through sports.

(2) Describe the specific problems in the activities you mentioned above. Write in concrete and detail.

## ***For Your Reference***

### **JICA and Capacity Development**

The key concept underpinning JICA operations since its establishment in 1974 has been the conviction that “capacity development” is central to the socioeconomic development of any country, regardless of the specific operational scheme one may be undertaking, i.e. expert assignments, development projects, development study projects, training programs, JOCV programs, etc.

Within this wide range of programs, Training Programs have long occupied an important place in JICA operations. Conducted in Japan, they provide partner countries with opportunities to acquire practical knowledge accumulated in Japanese society. Participants dispatched by partner countries might find useful knowledge and re-create their own knowledge for enhancement of their own capacity or that of the organization and society to which they belong.

About 460 pre-organized programs cover a wide range of professional fields, ranging from education, health, infrastructure, energy, trade and finance, to agriculture, rural development, gender mainstreaming, and environmental protection. A variety of programs are being customized to address the specific needs of different target organizations, such as policy-making organizations, service provision organizations, as well as research and academic institutions. Some programs are organized to target a certain group of countries with similar developmental challenges.

### **Japanese Development Experience**

Japan was the first non-Western country to successfully modernize its society and industrialize its economy. At the core of this process, which started more than 140 years ago, was the “*adopt and adapt*” concept by which a wide range of appropriate skills and knowledge have been imported from developed countries; these skills and knowledge have been adapted and/or improved using local skills, knowledge and initiatives. They finally became internalized in Japanese society to suit its local needs and conditions.

From engineering technology to production management methods, most of the know-how that has enabled Japan to become what it is today has emanated from this “*adoption and adaptation*” process, which, of course, has been accompanied by countless failures and errors behind the success stories. We presume that such experiences, both successful and unsuccessful, will be useful to our partners who are trying to address the challenges currently faced by developing countries.

However, it is rather challenging to share with our partners this whole body of Japan’s developmental experience. This difficulty has to do, in part, with the challenge of explaining a body of “tacit knowledge,” a type of knowledge that cannot fully be expressed in words or numbers. Adding to this difficulty are the social and cultural systems of Japan that vastly differ from those of other Western industrialized countries, and hence still remain unfamiliar to many partner countries. Simply stated, coming to Japan might be one way of overcoming such a cultural gap. JICA, therefore, would like to invite as many leaders of partner countries as possible to come and visit us, to mingle with the Japanese people, and witness the advantages as well as the disadvantages of Japanese systems, so that integration of their findings might help them reach their developmental objectives.



***CORRESPONDENCE***

For enquiries and further information, please contact the JICA office or the Embassy of Japan. Further, address correspondence to:

**JICA Tohoku Center (JICA TOHOKU)**

**Address: 20<sup>th</sup> Floor, Sendai Dai-ichi Seimei Tower Building,  
4-6-1 Ichiban-cho, Aoba-ku, Sendai-shi, Miyagi-ken, 980-0811 Japan**

**TEL: +81-22-223-5775    FAX: +81-22-227-3090**